



ROUNDTABLE
PLYMOUTH NO.246



MAD MARCH HARE 10km RACE

Sunday 21st MARCH 2010

Under UK:A rules. SEAA Permit no: TBA

Certificate of Course Accuracy SEAA03/023

Start and finish in Coypool Park & Ride, Plympton (Sat Nav: PL7 4TB)

START: 10:00am

ENTRY FEE: Club affiliated £7.00 Unaffiliated: £9.00 Entries on the day: £1.00 extra

PRIZES: For 1st Lady/Man, U/40, O/40, O/45, O/50, O/55, O/60

Medals for everyone finishing - Numbers issued on the day

Please bring your own pins - Sorry no changing rooms - Toilets available.

All monies raised will be donated to local charities.

Please make your cheque payable to:

Plymouth Round Table 246

and send to:

Ben Hinchliffe, 3 Morley Cottages, Colebrook, Plympton, Plymouth PL7 4DH

Tel: 01752 336594, email: race@plymouth10km.co.uk

NAME: _____

AGE (min 15 yrs): _____ SEX: Male / Female _____

ADDRESS: _____

POSTCODE: _____

TELEPHONE: _____

AFFILIATED CLUB: _____

E-MAIL: _____

I declare that I accept full responsibility for my entry and the decisions made by the Race Committee. I understand that I enter at my own risk.

SIGNED: _____

Parent / Guardian if under 16 years

FEE ENCLOSED: £7.00 / £9.00.

ON THE DAY ENTRIES: £8.00 / £10.00

RACE NUMBER (issued on the day) _____

Charities You Have Helped:

