

# TAVY 13

www.tavy13.com

**Sunday 18 April 2010**

**mansbridge  
& balment**



## Introducing a Brand New Half Marathon

Tavistock Athletic Club has added a brand new officially measured half marathon to complement their ever popular Tavy 7 Autumn run. The Tavy 13 is outstandingly scenic with only one significant hill in the first half and many miles of flat or gently undulating running. Come and see West Devon in the Spring. The course goes through the historic town along a former main line railway and onto the edge of the Tamar Valley – a designated area of outstanding natural beauty.

Our fabulous new running track is still only half paid for! So please come along and try out the new route. All profits will go into the track fund. For the first time Tavistock AC has secured a sole sponsorship with estate agents Mansbridge & Balment. This will add a professional touch to all aspects of the organisation. *This event will run for a minimum of two years.*

### The essentials . . . **TAVY 13**

<b>Date</b>	<b>Sunday 18 April 2010 Start 1000 am</b>
<b>Venue</b>	<b>Tavistock Community College.</b> The start is by the entrance to Tavistock Football Club and the race ends with a lap of the new track and then up to the official track finish line. There will be ample signage to direct you to the start when you approach Tavistock. More detailed information will appear on the web site.
<b>The course</b>	<b>Measured Half Marathon.</b> Course Measurement Certificate awaited. <b>Mile markers</b> and <b>4 water stations.</b> Maps will appear on the website.
<b>Race Licence</b>	<b>Applied for.</b>
<b>Entries</b>	<b>Strictly no entries on the day.</b> The race will be chipped timed. Collect chip and race number on the day. Details later. All pre-race details (parking etc) will be on the web site. If you need details by post please send stamped address A5 envelope with your entry form.
<b>Closing date</b>	Entry forms must reach the race director by <b>4<sup>th</sup> April 2010.</b>
<b>Minimum age</b>	<b>17 on race day</b>
<b>Entry fee</b>	<b>£18.00</b> - discounted entry fee for <b>EA Competition Licence Holders £16.00.</b> Full entry fee should be paid if no Competition Licence Number is supplied.
<b>Race limit</b>	<b>900</b>
<b>Trophies</b>	<b>Trophies for 1<sup>st</sup>, 2<sup>nd</sup> 3<sup>rd</sup> Male and Female and prizes for first 3 in each 5 year age category</b> (M40, M45, M50, M55, M60, M65, F35, F40, F45, F50, F55, F60) <b>1st unaffiliated male and female</b> <b>1st 3 men's teams</b> (4 to count); <b>1st 3 women's teams</b> (3 to count)
<b>T-shirt</b>	Oh yes! Get the set – collectors of the renowned Tavy 7 shirt will be delighted to learn that we have a new <b>Brooks technical shirt</b> as reward for completing the Tavy 13!
<b>Fun Run</b>	To be announced although we do have plans for something exciting for the youngsters!
<b>Send entries to</b>	Tavy 13 Race Entries, 7 Rockingham Road, Plymouth, Devon PL3 5BN.

# ENTRY FORM

[On-line entry will be available soon – watch the website]

Surname	
Forenames	
Address	
Post Code	
Tel No - Home	
Tel No - Mobile	
e-mail	
Male / Female	
Date Of Birth	
Age On Race Day	
Club	
Competition Licence No.	
T-shirt size (S, M, L, XL)	

- I declare that I will abide by the laws and rules of UK Athletics.
- I am over seventeen years of age.
- I accept that the organisers will not be liable for any loss, damage or action claim, costs or expenses, which may arise in consequence of my participation in this event.
- I declare that I will not compete in the race unless I am in good health on the day and that I will only compete at my own risk.
- I enclose a cheque/PO (payable to Tavistock AC) for £.....

Please tick as appropriate:

- I confirm that **£10** of my entry can be paid to the Crowndale Recreation Association as a Gift Aid donation
- I am a UK taxpayer and, in the current tax year, I have paid an amount of Income Tax which exceeds the amount of tax which the Crowndale Recreation Association will reclaim.

Signed .....

Date .....

## Notes

- For maps, parking, late notices, toilet locations etc please check the web site before the race.
- If you need them by post send stamped address envelope with your application – this will be sent out approximately a fortnight before the race.