

# SW Sprint Championships

## Sunday 12 September 2010



DEVON Orienteering Club welcomes you to the SW Sprint O Championships at Exeter University.

### Travel Directions – amended from the initial flyer

Whether coming from North East (M5), South (A38), East or West (A30), go to M5 Junction 29 and leave it, travelling towards Exeter. At the first roundabout, take the third exit signed Exeter Business Park. Go straight on at the next roundabout, picking up signs to the University ("U"). Fork left where the road splits, signed U. At the second traffic lights with Sainsburys on your left bear oblique right, signed U and Whipton. Carry straight on for 2 km passing under a railway bridge and going up a steep hill. At the traffic lights at the top of the hill turn right into Mount Pleasant Road, signed U and Northcott Theatre. Continue to follow the U signs, picking up O signs when the University buildings come into view. Allow 15–20 mins from the M5. There will also be O signs from the western entrance to the University, for those using A386 from Crediton.

### Parking

Free parking will be on hard standing at the top of the campus. Follow the signs. Please park as directed. There is a speed limit on the campus. Car park Grid Ref 919944

**The Event Centre** is located in the Sports Hall which will be signed from the car parking (450m) and will house Reception, Registration, and Enquiries, opening at 0930. The path from the car park is suitable for push chairs. Toilets are also available in the Sports Hall.

**SI cards** can be hired at Enquiries.

### Traders

Tom's Burger Bar will attend outside the Sports Hall

**First Aid** is being provided by Devon club members located near Enquiries.

**Club Tents** There will be a small amount of space for Club tents.

### Terrain

The University is built on a sloping hillside. The Sports Hall complex is at the top of the hill. There is a range of campus buildings, domestic accommodation, parkland, and rough open terrain. There is a complex network of campus roads and footpaths.

### Map

The area has been mapped by Erik Peckett DEVON for this event to ISSOM standard. Scale is 1:4000 with 2.5m contour interval. It is printed on A4 waterproof paper with control descriptions printed on the map.

### Courses and Classes

Course	Length	Climb	Controls	Classes
Morning races				
A1	2.7	95	20	Open
A2	2.3	90	16	M35,M40,W.Open
A3	2.4	65	20	M45,M50
A4	2.1	85	18	M55,M60,W35,W40,M14,M16
A5	1.9	70	15	M65,M70,W45,W50,W14,W16
A6	1.3	45	14	M75,M80,M85,W55,W60,W65,W70,W75,W80,W85, M12,W12
A7	1.2	40	13	M10,W10

Course	Length	Climb	Controls	Classes
Afternoon races				
B1	2.9	110	18	Open
B2	2.3	80	14	M35,M40,W.Open
B3	2.4	70	16	M45,M50
B4	2.4	70	17	M55,M60,W35,W40,M14,M16
B5	2.1	70	14	M65,M70,W45,W50,W14,W16
B6	1.6	65	13	M75,M80,M85,W55,W60,W65,W70,W75,W80,W85, M12,W12
B7	1.3	25	13	M10,W10

The course lengths are provisional and subject to controlling.

### Competition Format

Start times are 1030 – 1200 hrs for the A race, There will be a dibbing start and runners can start whenever there is space on their course.

The B race will be held from 1330 hrs. Start times will be at 1 minute intervals based on the A race results using reverse seeding (not as advertised on the flier). The start list will be displayed as soon as possible after the morning race.

The SW Sprint Championship winners will be decided on the cumulative times from both races. Any competitor who does not finish on the A Race will be allowed to start in the B Race but will not be eligible for SW Sprint Championship classification.

Ranking points will be awarded for both races.

### Starts and Finish

The Start and Finish area is about 60m from the Event Centre. Download is nearby in the Sports Hall.

### Timing

The SI timing system is being used. After finishing, please proceed to Download in the Sports Hall, even if you have retired. Remember to clear your dibber before the start of each race. Results will be displayed on site, and uploaded to the DEVON website as soon as possible.

### Safety

Although the site is generally quiet, competitors may encounter vehicular traffic. Competitors are responsible for their conduct and must respect other users of the campus.

### Prize Giving

Note the Competition Format above.

There will be a small prize for the winners of each Course and Certificates for Age Class winners. These will be presented as soon as possible after the finish of the B Races.

### Officials

Planner: Erik Peckett DEVON

Controller: Roger Hargreaves KERNO

Organiser: John Dyson DEVON