

The 24th Deane DLO Taunton 10K - Sunday 26th September 2010
UK Athletics Licence applied for MEASUREMENT CERTIFICATE applied for



11.00 am START from Blackbrook Pavilion, Blackbrook Way, Taunton

Course- From the Start in the road outside the Pavilion the gently undulating circular course heads through the residential Holway area of Taunton before following quiet country roads through Stoke St Mary and Haydon, returning to the Finish at Blackbrook Pavilion. Some sections of the course are narrow. Runners must keep to the left hand side of the road except where directed by course officials. Roads will not be closed to traffic except for the Start and a section between 6km and 7km. A water station will be located after the halfway point. St John Ambulance will provide First Aid cover to Level 2 (Standard "2 star")

Prizes (Minimum) First 3 Men, First 3 Women, First Junior Man and Lady under 17 Mementoes to all finishers
 First Vets M40+, M45+, M50+, M55+, M60+, F35+, F40+, F45+, F50+, F55+

Best Times Men - 31.09 - Vincent Garner, Aldershot, Farnham & District AC

Women - 34.34 - Vicky Pincombe, Minehead RC

2009 Winners Men - 33.24 - Luke Scott, Taunton AC

Women - 40.00- Rachel Heard, Taunton AC



Enquiries to John or Sue Lewis tel - 01823-283892 email - tauntonmarathon@btinternet.com
Entry forms to Taunton Marathon, PO Box 621, Taunton, Somerset TA1 2WG

ENTRIES CLOSE FRIDAY 17 SEPT '10
NO LATE/RACEDAY ENTRIES
ENTRIES LIMITED TO 650
(closed early last four years)



TAUNTON & DISTRICT CARNIVAL COMMITTEE LTD - A COMPANY LIMITED BY GUARANTEE - REGISTERED IN ENGLAND - NUMBER 2923638



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ENTRY FORM Please complete in block letters (Photocopies accepted)

Surname Forename used Sex Male / Female

Date of birth Age on raceday (Minimum age 15)

Address

.....

Postcode Telephone email

Club/Team UKA Affiliated? Yes / No Estimated Finishing Time mins

Self propelled wheelchair entry? Yes / No (All wheelchair entries must be bona fide disabled persons)

Tick if details NOT to be released to a third party (including race photographer)

Please tick appropriate category

Under 17 Man	Sen Man 17-39	M40+	M45+	M50+	M55+	M60+
Under 17 Lady	Sen Lady 17-34	F35+	F40+	F45+	F50+	F55+

ENTRY FEES £13.00 unattached runners Discounted to £11.00 for UK Athletics runners
 Cheques/POs payable to "Taunton Marathon"

This event is held under UK Athletics Rules with which I agree to comply. I am fit to compete in a running race at the date of entering. I agree not to hold the Taunton Carnival Committee its officers or members responsible in any way for injury or loss as a result of my participation in this event. I understand that entry fees will not be refunded if the race is cancelled on safety grounds or due to events beyond the organisers' control.

Signed Date

(Parent or guardian if under 16)

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